

Patient Information and Consent Form

Please read this information carefully, and ask your practitioner if there is anything that you don't understand.

What is Acupuncture?

Acupuncture is a form of therapy in which needles are inserted into specific areas of the body or ear.

Is Acupuncture safe?

Acupuncture is generally very safe. Serious side effects are very rare – less than one/10,000 treatments.

Does acupuncture have side effects?

You need to be aware that:

- *Drowsiness occurs after treatment in a small number of patients, and, if affected, you are advised not to drive after the treatment or wait 20 minutes before commencing to drive.*
- *Minor bleeding or bruising occurs after acupuncture in about 3% of treatments*
- *Pain during treatment occurs in about 1% of treatments*
- *Symptoms can get worse after treatment (less than 3% of patients). You should tell your acupuncturist about this, but it is usually a good sign*
- *Fainting can occur in certain patients, particularly at the first treatment*

In addition, if there are particular risks that apply in your case, your practitioner will discuss these with you.

Apart from the usual medical details, it is important that you let your practitioner know:

If you have every experienced dizziness, fainting or seizures

If you have a pacemaker or any other electrical implants

If you have a bleeding disorder

If you are taking anti-coagulants or any other medication

If you have damaged heart valves or have any other particular risk of infection

Single-use, sterile, disposable needles are used in the clinic

Statement of Consent:

I confirm that I have read and understood the above information, and I consent to having acupuncture treatment.

Signature: _____ Print name in full: _____ Date _____

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